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PERCUSSIONIST AND VOCALIST

The inspiration to write *Song Alchemy* came from a vision while playing a medicine drum. The drum belonged to a Seri Kunkak elder, from Isla Tiburon in the Sea of Cortez, Baja Peninsula. She vibrates a spirit wave from the constellation of Cassiopeia to the whales giving birth in the nearby waters. This is our story about a lonely singer and a lonely whale who found each other. To swim in a sea of remembrances we had to breach the mind set which often limits our imagination. It is a calling of relatives much like the whales from deep waters call to us from the mother soul.

A drum in communion with the handler becomes a dimensional gate way vibrating the bones, tissues, and organs to produce a neural resonance. It presents a spiritual embrace of all that has been recorded in time. It allies with the handler like a running mate. It becomes a portrait of geometry found in nature. The skin is a membrane likened to wings and a means to soar in transcendence. For a drum whose duty was to send its heart to the whales was to assure life will continue. Cassiopeia's message and prayer came while entranced. Music is the lyrical language of the inner and outer spheres of Mother Nature. The song is a wind spirit, a water spirit, a stone spirit, a bone spirit. If you would dare to sing these elements and more the gates would open to paradise.

SONG ALCHEMY: DRUMMING FOR SPIRITUAL AWAKENING

For those who pray with their drum: the magic is in the practice. I believe that as time is transcendent and concordant with us as co-creators, we mirror time fulfilled in this very moment. We are golden in our emergence as the great birth of Light spoken about by the sages. We are the mystery discovering a vibration that is a result of what some are calling a twelve strand DNA activation.

For now words cannot describe. Here is an easy meditation of celebration. It is a party with dancing and singing. Come you are invited I pick up my drum and greet it. When I sing, I sing for my drum and the sounds, they come. There comes a simple rhythm and with daily drumming I notice a different song.

So it comes from my heart and I enjoy this very much. I lean my head down to my drum and my lips and ears are close to its head that I may listen closely. I start with thanking my drum. So it is with my heart beat and the drum beat of all drums singing, I am listening. It is a celebration of life in honor of the Divine in gratitude and appreciation of the abundance of life itself as given to us as we are as the Earth Mother's child. I sing for a while. Then I listen and just feel the vibration of my heart song. Then I ask all my relations that preceded me from seven generations to come to this great celebration, a dance I call "The Round Dance". Then I invite my relations that are to come after me for seven generations to come to this dance! I welcome them.

Then I just feel them and watch them come into the circle. I tell them how much I appreciate them, how they have brought me here to this consciousness and how they in the future hold the space for brilliance as a true world server in honor of Earth Mother and all her children. Feeling content is the Key! I then call all my incarnations from the past and the future to be as ONE in this Round Dance. I feel love and appreciation.

I enter the circle. I send honor and gratitude that I am able to walk in Beauty and Freedom with great respect for my birth here on the Earth and I send waves of love to Mother Earth. Next I call for all the masters of the true service of the living light of the Christos, those who are the ascended ones. Sometimes names come out, mostly it is the FEELING that I hold in my heart

for the reverence and gratitude and the resonance of appreciation for the honoring of all of life. Sometimes I just break into another song. I see them all dancing and holding hands.

Sometimes there is one or two that breaks out and dances wildly in the circle. That's what I would probably do. My song prayer is about a heart connection with the LIGHT OF LIGHTS and the HOLY OF HOLIES in the name that is the living vibration of the HEART OF THE CHRISTOS. I repeat this with great feeling as I become one with The Earth Mother directly.

I state that on ALL LEVELS, REALMS AND DIMENSIONS IN THE TWELVE WORLDS, IN ALLIANCE WITH THE GREAT CENTRAL SUN. I AM THAT I AM. I also repeat this for more feeling intensity. I say with great love and gratitude THANK YOU to EARTH MOTHER for the pure living waters, air, soil, flame of the sacred and mundane fire, and the jewels that our Mother Earth sustains us with.

THANK YOU for feeding all of us, your children. I will mention the many names of the living creatures. For those that are coming here and moving on to other realms, you who are alone without someone to be by your side, I AM HERE WITH YOU. For you I give you this MIRACLE of deep abiding love.

Still I am singing, and I feel, I love myself, I respect myself, I appreciate myself, I am grateful to you Light of Lights, Holy of Holies that I am here, listening to the heart beat of all those who pray with their drums. The drum beat is the heart beat. I sit with stillness and allow what needs to be spoken on any personal level to be at one in this living song of love.

I then say: "Let there be light". Envision the light in the center of your body. "Let the light of the heart of the Christos light of lights, holy of holies stand forth within me". Envision this light expanding within your whole total body. "In the name of the heart of the Christos, the holy of holies, the heart of my ancestors, the heart of my soul being". Envision the ever-expanding light fill the entire Mother Earth's Body.

Finally say, "I am the Light of the World, the universe on all levels, realms and dimensions, in all twelve worlds. Envision this light turning on in all that your feeling body recognizes, all your incarnations, relations, from the center of Mother Earth on out to the infinite.

I repeat this song incantation many times, glowing and growing in the

expression and expansion of LOVE with gratitude, respect, honor, appreciation for all of life and my creator, my relations, my ancestors and those who are guiding us back to our source bringing Heaven here on Earth for all the children of Mother Earth. May the living light of the heart of the Christos bring you honor, creativity, happiness and respect. I share this with you that I may dance with you and all your relations.

This is your song. All prayers originate from the singer. It is you who see in your perfect way the light that you are and light lights up the way! You are unique, beautiful. Now we bring JOY, LOVE AND FREEDOM.