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One must be clear to understand that neither music nor spirituality can be described in words. Neither can it be credited to any specific doctrine, action, concept, religion, or practice. We can really only talk about "*routes*" to spirituality and understand that a journey on the route does not guarantee reaching the final destination. Even conceptualising "*spirituality*" is problematic when it is neither experienced nor understood through the analytical process. That said, music is known as an age old pathway towards a deeper sense of being and understanding. Whether this is spirituality or not is subjective but from my experiences it is as close to my individual concept of spirituality than anything else I have experienced.

In my touring experiences around the World, from India to Sudan, Pakistan to Australia, Nepal to the U.S.A. and U.K., one thing strikes home and that is the profound and deep love of music, and the music-making process by all the peoples of the world. Some link these practices to religion, some purely to passion, and some to spirituality, but the fact remains that the music-making process is deep in our psyche and reaches down into our unconscious and the "*a priori*" sense of being, the "*wordless*" state of existence where all men are brothers, regardless of religion or cultural background.