



PAUL KENNY

COMPOSER AND PIANIST

Music defines the way in which people live, love, breathe, and worship. Music is at the heart of all life. Music is in the sounds of nature; the sound of the wind, the sound of the waves, the sound of the world turning. Music is the pulse of life, it is the heartbeat of everything. For thousands of years man has known music and has used music in everyday life. Music has been used in worship since the dawn of time. The essence of life is music. Music can take you on a wonderful journey. It can lift your soul to new heights. Music can effect your emotions so deeply and change your mood within minutes.

When I am creating my "relaxation music" and hearing the nature sounds around me, I am taken to a different place. Tranquil music, which inspires and uplifts with the sound of nature is something that truly takes you to another place and time. With my work as a 'music specialist' I have seen how the beauty of music can be life changing. Music has the power to totally transform people and their situations in life. Music can turn sad people into inspired joyous people. It has the ability to change people, emotions, and circumstances. Music is one of the only things that truly binds each and every person on the planet. Music is truly an international spiritual language.