



The Spiritual Significance Of Music

SCOTT KALECHSTEIN

Music soothes the savage beast. It helps heal what is savage inside us. It helps take our attention from survival to joy and celebration, from the consciousness of fight or flight to an elevated place. Not all music, of course. But music that comes from the heart and soul of artists who are transcending their egos as they write and play, that music helps the listeners transcend their egos as they listen. Music can offer us a glimpse, vision, a moment to be out of our minds and come to our senses. When music moves us, in the heart, and even the body through dancing, we are different people. We change. Music is a gift from the angels. All of us have had our moods transformed, our defenses softened, and our hearts stirred by the power of music. Music that carries the direct intention to heal and uplift takes that power to new and expanded potential.



SCOTT KALECHSTEIN

SINGER-SONGWRITER