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COMPOSER AND MUSICIAN

Music heals, soothes, inspires, stimulates, challenges, reflects, and empowers the human being. It transcends the mundane reality, yet also includes it. It reveals to us our possibilities and our realities. It shows us our highest potential and it allows us to plumb our deepest wounds. Music unites us.

Music is a manifestation of Oneness. Music is what reminds us of our Oneness, and heals the wound of separation. It is our highest dream and our deepest emotion. Music is a reflection of all our humanness. When we hear and feel music we are looking in a mirror seeing everything we are, everything we aspire to, and everything we have lost. It is an individual and collective experience. Put simply, music is the manifestation of love and the foundation of the Universe.

When music and meditative awareness combine, there is a sacred expression of God. In its highest form, music expresses that which is inexpressible. The utter mystery of life is contained in a few bars of classical music, in Indian Ragas, and even in modern dance music. In short, everything is music, and music is in everything.