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The significance of music in spirituality can be traced back in every culture throughout the known history of mankind. Certain types of music have always been used as essential elements in sacred ceremonies by religious and spiritual leaders, by medicine men, healers or shamans, and were always understood as tools to reach "*higher states of consciousness*". The underlying principle is the understanding that the universe is vibration, and that music performed according to the ancient wisdom of Pythagoras teachings "*The Harmonik*" or "*The Music of the Spheres*" aligns us with the divine order and patterns that are underlying all creation. The combination of certain frequencies, rhythms, and the conscious intonation of certain words or "*mantras*" can transcend the limitations of human perception of time and space and awaken us to the true spiritual nature of our being.



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