



STEVEN CRAVIS

The spiritual significance of music is that sound has intangible aspects that create tangible effects in the listeners' bodies: effects of resonance, transportation, and emotion. When an individual responds well to a particular song, melody, or recording, they often embrace it so immediately that it becomes instantly memorable, as if resonating and integrating with their own DNA, on the cellular level. One can feel transported by music to another time and place, where they were when they first heard the music. The same music can make one person elated while causing another person to burst into tears. All of these effects, and more, that the listener can feel within their body in response to music, indicate that music is ultimately healing to the mind, spirit, body, and soul.



STEVEN CRAVIS

COMPOSER AND PIANIST