



AMY CAMIE

As uniquely created individual manifestations of the Divine, our personal experiences are vast and varied making it impossible to generalize an overall answer to "*the spiritual significance of music*".

My personal beliefs and connection to music expand and deepen every time I sit behind my harp to play, to share, and to express the love that flows from deep within. My hands, resting on the soundboard, eyes closed, I breathe in and feel my heart pounding. Love is present and ignites every cell of my body. I breathe in, gently raise my hands to the strings, exhale and begin to play. Music... my expression of love. Not a creation from my mind. Not a composition from theory class. Not a piece of perfection. Simply an expression of the beauty, joy, peace, and love I feel in the moment.

I used to believe that the music I heard in my head was flowing through me from the outside, The Field, Collective Consciousness, Universal Source of Love, whatever name you want to call that unified field of energy to which we are all connected. As I continue the journey inward toward my SELF, I now feel that this music originates from deep within me; from the seed of my origin, deep within my heart, connected to my Highest Self, which is connected to ALL, as my personal expression of the Divine to the Divine. There are no words to articulate the depth of this connection... that's why we have music. It is an experience that can only be shared through the expression itself.

As I reflect on my previous lyrics, music, and CD titles, I witness loving messages from my Highest Self, expressing through my music, as stepping stones for me to follow inward back to my SELF: "*Who Am I*", "*Letting Go*", "*All Things Are One*", "*I Will Always Be With You*", "*New Love: Awaken To Yourself*", "*A Space Within*", "*Love and Gratitude*", and "*The Magic Mirror*". What beautiful gifts from my Highest SELF to help guide me back inside. As a musician, I believe the music that flows from and through us offers insights into who and why we are, if we are willing to explore those depths within.

So for today, I believe that the spiritual significance of music is: *a personal expression of my eternal SELF offering gratitude and celebration for living, loving, and experiencing this life to the Divine Source of Love.*



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HARPIST AND RECORDING ARTIST