



MARY-KATHRYN

Sound waves are filling the air continuously. Some sounds are agitating and irritate, while others calm and bring peace. Music is filled with a combination of sounds that are specifically organized and harmonized to provoke a response from the listener, much like the visual arts only sound waves bring an instant connection or touch point with the human body, through vibrations that penetrate the body. We are affected emotionally as well, through the combination of sounds and chord progressions. For me, listening to music can be somewhat compared to splashing in a mud puddle or diving into the ocean, depending on what I'm listening to. I'm effected by it. I'm feeling it. It's surrounding me or touching me in some way, emotionally and physically. In addition, music is an absolute spiritual experience, good or bad. From the spirit flows the ability to play the instrument, to manipulate the sound, and then to the spirit that sound is carried on waves that wash over and through to bring an effect. When I sing in the spirit, I am singing to bring healing not only to myself but to communicate a healing to others. Music has the power to reach the spirit and the soul for many different purposes.



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SINGER-SONGWRITER