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“The one belief that started this is that vibration is creation and the whole universe is produced by sound, by the word, as it is said in the Bible. First was sound and then was light. Herein lies the thought of the mystics that one may understand vibrations in two directions; when audible they become intelligible, and when they take form they become visible.”

– Hazrat Inayat Khan, *“The Mysticism Of Sound”* (2005, Ekstasis Editions)

We take this statement by the great Sufi singer and teacher to be the basis of the significance of music and spirituality. Music is a particular form of sound; of vibrations organized into specific patterns. Music is also a universal language that evokes a variety of emotional responses. Not all music can be classified as spiritual, but some music can open our hearts to everyone and everything around us, and in that sense we can consider it to be spiritual. Music is also a pattern of sound and silence, and it is in silence that we can often best appreciate our connection to the whole.

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“SOUNDSCAPE: THE SCHOOL OF SOUND LECTURES 1998-2001”