



MIKE HANDCOCK

What are you made of? Stellar stuff, I'm sure, but what are you really made of? You are flesh and bone, which is made from cells, which contain mostly water, which is just hydrogen and oxygen, which is made up of atoms, which have electricity in them, which is energy. When you come down to it, you are just a big ball of energy lying on the couch reading this book. So if you are energy, what is the couch made of? Energy... well done, you are getting the idea. So everything is energy. So when I pick up my guitar and hit the string that creates vibration, what is that? You guessed it... energy! It's known and named in every culture: Ankh in Egyptian, Prana in India, Tane in Hawaiian, Rush in Hebrew, and Arunguiltha in Aboriginal. So music is energy... you are energy... therefore you must be... Music! Well done. You are Music.

So if you are music, then you must be a note, a chord, a scale, or something. More about you later. What about the earth? The earth revolves around the sun at 136Hz. That makes it resonate at C# minor. This is the same key as Beethoven's "*Moonlight Sonata*", arguably one of the most popular pieces of music ever written. Perhaps this is more than just coincidence. Perhaps the reason is because we, the listening public, are in tune with the earth? Beethoven was virtually totally deaf. Did he get the key not from what he could hear, but from what he could feel _ the vibration of the earth's orbit? The significance of music is that it links us the mortals, with our planet, everything on it and we resonate at a variety of levels and keys, which either see us in or out of harmony with our world and the people on it.

Excerpt taken from Mike Handcock's new book "*What If You Were God?*" (2009) available from Rock Your Life © 2009 Mike Handcock. All Rights Reserved. Used with permission.



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“WHAT IF YOU WERE GOD?”**