



# DAVID ALDRIDGE

In music we have an earthly reminder of the divine. Music is a continual process of being formed and appearing as form in the world. It then dissolves and returns from where it came. This is a reminder of what we are. We are realized as form in the world and then return to the nothingness. We are soundings from out of the silence. On a material level, we are composed like improvisational music. Biology follows musical forms in that we become improvised material beings structured in time. Human being is polyrhythmic and polyphonic. I emphasize the activity of being as it is dynamic and temporal, not fixed. In remembering this activity, and actually creating music, we take part in the divine process reflecting the cosmic process. The process of musical creation is one of realizing ideas as dynamic form. This reflects the bigger process that is eternal. Further more, we are brought into a time structure that is not mechanical, which is dynamic and flexible. Time achieves another dimension and we realize our non-material identity. The basic dynamic process of life is breathing, that vital musical activity necessary for sustaining life as it both promotes and regulates through intention and rhythm. Indeed, we can have no rhythm without intention. Given that we are breathing, and breathing is a minor form of singing; we return to what intends the rhythm of the breath. What is it that sings us as beings in the world?



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